



PROVIDER MENTAL HEALTH RESOURCE LIST

Providers serve all Chatham County residents unless otherwise stated. **If you are experiencing a life-threatening emergency or crisis, call 911 immediately.**

To verify the information provided in this list, please contact **Cardinal Innovations Healthcare** toll-free at (800) 939-5911 www.cardinalinnovations.org.

Access and Crisis Line
24-hour, Toll-free Access Call Center
(800) 939-5911

For deaf or hard of hearing, dial 711 for NC Relay)

Cardinal Innovations Healthcare has a 24-hour, toll-free number. Use this number to get information, referrals to community organizations, to request services or to get help or advice in a crisis. Professionals answer the phone at the Access Call Center 24 hours a day, 7 days a week and 365 days a year for the following needs:

- Telephone assessments and enrollment of individuals for mental health, intellectual and developmental disabilities, and substance use disorder services.
- Information on community resources for mental health, intellectual and developmental disabilities and substance use disorder.
- Crisis intervention by telephone or to arrange for an emergency face-to-face clinical assessment related to a crisis.
- Referral for services to Cardinal Innovations Healthcare local network of providers.

Please visit this [webpage](#) for more information.



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Daymark Recovery Services

Siler City Office

1105 E Cardinal Street

Siler City, NC 27344

P (919) 663-2955

Please call to discuss any questions or concerns.

www.daymarkrecovery.org/locations/chatham-center

24-hour, Toll-free Access Call Center (800) 939-5911

Starting July 3, 2017, Daymark will be Chatham County's community mental health and substance abuse provider.

Services provided Monday-Friday 8am-5 pm include:

- Walk-in assessment/referral (includes emergency response via outpatient assessment or referral to MCM)-recommended to arrive prior to 3:00 pm if possible to allow for paperwork and assessment on same date
- Mental health and substance abuse treatment for adults, teens, and children 3 years and older
- Mental health evaluations
- Outpatient individual and group therapy for both mental health and substance abuse (adults and children 3-18 years old)
- Substance Abuse Intensive Outpatient Services (SAIOP)
- Comprehensive clinical assessments
- Group for adult child
- Medication management
- Intensive in-home services for children and families
- Psychiatric evaluations

Interpreters available for Spanish speaking clients.

Most major private insurance and Medicaid/Medicare accepted. Sliding-scale fees based on household income is available for individuals without insurance (fees can be as low as \$0). Clients meet with trained staff to review service fees prior to first appointment.



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El Futuro, Inc.

401 N. Ivey Avenue
Siler City, NC 27344
(919) 688-7101 ext. 600
F (919) 688-7102
Serves Spanish speakers
www.elfuturo-nc.org

Bilingual mental health and substance abuse services available on Mondays and Thursdays 10:00am-6:00pm and Wednesdays 10:00am-5:00pm in the Siler City office (with lunch hour 12:00pm-1:00pm). Services also available in Durham. Hours vary by location. Services provided include:

- Mental Health Evaluations
- Individual, Family and Group Therapy
- Psychiatric Treatment
- Substance Abuse Evaluation and Treatment
- Trauma Treatment

Medicaid, Health Choice, and Medicare accepted. Uninsured patients accepted (based on county of residence). For further questions surrounding payment, clients are encouraged to call the clinic.

Chatham Recovery

1758 E. 11th Street, Suite E
Siler City, NC 27344
P (919) 663-3303
www.morseclinics.com/locations/chatham-recovery

Chatham Recovery is an opioid treatment program that provides medication assisted therapy and counseling to help people overcome addiction to heroin and opiates. Services for individuals over the age of 18 include opioid treatment, substance abuse counseling, and psychiatric services.

- Methadone Treatment
- Buprenorphine Treatment
- Substance Abuse Counseling
- Medication Management
- Individual and group counseling
- Urine drug screens
- Referral Services

Medicaid (Cardinal and Sandhills) and private insurance accepted. Uninsured patients accepted.



PROVIDER MENTAL HEALTH RESOURCE LIST

Peak Professional Group

Counseling for Growth, Transformation & Inspiration

Pittsboro Office

200 Sanford Road, Suite 2

Pittsboro, NC 27312

P (919) 335-3105

P Spanish Speakers (919) 412-5685

C (919) 412-5685

www.peakprofessionalgroup.com

Services provided include:

- Individual Counseling
- Couples Counseling
- Family Therapy
- Group Therapy
- Y.E.S. Program- Youth: Empowered & Supported- A school-based Mental Health Counseling Program

Bilingual counseling available. *Medicaid accepted.*

Therapeutic Alternatives

Mobile Crisis Management

24 hours per day/7 days per week

Crisis Line: (877) 626-1772

www.mytahome.com

Mobile Crisis response provides an immediate evaluation, triage, and access to acute MH/DD/SA services, treatment, and supports. These services include immediate telephonic response to assess the crisis and determine the risk, mental status, medical stability, and appropriate response. Be prepared to give the MCM team as much information as possible when you contact them such as: name, date of birth, diagnoses, medications, Medicaid number, medical issues, brief psychiatric history, family issues and concerns, history of aggression, history of law enforcement involvement, and current concern.



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<p>Pinnacle Family Services <i>Asheboro Office</i> P (888) 867-8979 <i>Raleigh Office</i> P (919) 790-8580 F (919) 790-8065 www.pinnaclefamilyservices.org</p>	<p>Provides home and community-based programs for at-risk youth and their families including:</p> <ul style="list-style-type: none"> • Therapeutic and medically complex foster care • Family preservation services • School-based services • Juvenile offender programs • Early intervention • Adoption services <p>Services include individual counseling, day treatment programs, and therapeutic support (may be provided in school or at home). Pinnacle can also support families experiencing challenges with: behavior; domestic violence; ADHD; substance abuse; depression/anxiety; divorce; family conflict; and school challenges.</p> <p><i>Medicaid accepted.</i></p>
<p>UNC Center for Women’s Mood Disorders 101 Manning Drive Department of Psychiatry First Floor, Neurosciences Hospital P (984)-974-5217 (with confidential voicemail) www.womensmooddisorders.org</p>	
<p>Private Practice Renaissance Wellness Services, LLC Dr. Karen Barbee, LPC, LCASA, NCC 288 East Street Suite 1001-F7 Pittsboro, NC 27312 P (919) 259-5308 rwellnessservices@gmail.com http://rwellnessservices.com</p>	<p>Services include: Individual counseling, couples counseling, group counseling, school-based counseling, and substance abuse counseling for youth and adults.</p> <p>Bilingual therapists are available for Spanish speaking clients.</p> <p><i>Medicaid and private insurance accepted (BCBS, Cigna, Aetna, and United). Uninsured patients accepted. A sliding-scale fee based on household income is available. Clients may meet with trained staff to determine service fees prior to their first appointment.</i></p>



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<p>New Beginnings Counseling Services, PLLC Pittsboro Office 288 East St., Suite 1007 Pittsboro, NC 27312 P (919) 542-0047</p> <p>Siler City Office 1756-A 11th St. Siler City, NC 27344 P (919) 663-3332</p> <p>Please call the Sanford office at 919-718-1597 to schedule an appointment at either location. www.newbeginningscounselingservices.net</p>	<p>Services for children, adolescents, and adults include:</p> <ul style="list-style-type: none"> • Comprehensive diagnostic assessment • Individual, family, and group therapy • Substance Abuse Counseling, including individual and group therapy • Substance Abuse Programs • Parenting Workshops • Trauma Counseling • Medication Management (provided by a licensed medical doctor who specializes in child/adult psychiatry) <p><i>Most major private insurance, Medicaid, and Medicare are accepted. Sliding-scale fees based on household income is available for individuals without insurance.</i></p>
<p>Private Practice Julie Daul, LCSW 35 Thompson Street Pittsboro, NC 27312 P (919) 542-6183</p>	<p>Parent Child Interactive Therapy, Trauma Focused-Cognitive Behavioral Therapy, EMDR. Bilingual – English/Spanish.</p> <p><i>Medicaid accepted.</i></p>
<p>Private Practice Jackie Petty, MA, LPC P O Box 1336 Pittsboro, NC 27312 P (919) 770-4588 jackiepetty@windstream.net</p>	<p>Office and home based individual and family therapy.</p> <p><i>Medicaid, Health Check, and private insurance accepted.</i></p>
<p>Private Practice Christian Fisher, LCSW 35 Thompson Street, Suite 202 Pittsboro, NC 27312 P (919) 883-7771 F (919) 695-0079</p>	<p>Office and school based individual and family therapy.</p> <p><i>Medicaid, Health Check, and private insurance accepted.</i></p>

List Created by Chatham Health Alliance Mental Health Subcommittee
Send updates or changes to anna.stormzand@chathamnc.org
www.chathamnc.org/publichealth



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<p>Private Practice Susanne Saunders, LCSW 35 Thompson Street, Suite 201 Pittsboro, NC 27312 P (919) 444-1779 F (919) 542-6184 susannesauanders@gmail.com www.susannesauanders.com</p>	<p>Provides psychotherapy to individuals and families across the lifespan. Clinical issues include: anxiety, depression, phobias, ADHD, trauma, abuse, grief, relationship issues, life transitions, domestic violence, anger management, separation and divorce, blended families, parenting issues, parent/child conflict, family conflict, adoption, peer conflict, bullying, and separation anxiety in children.</p> <p><i>Cash, Check, Health Savings Account, Mastercard, Visa, Medicaid, and private insurance accepted.</i></p>
<p>Private Practice Sandra Wickham, LCSW 110 B Village Lake Road Siler Business Park Building #1, Suite B Siler City, NC 27344 P (919) 542-4952 sawick913@gmail.com www.sandrawickhamcswlcsw.com</p>	<p>Specializes in working with children ages 4 to 11 by providing play therapy, art therapy, and other projective techniques. This helps children to deal with behavior issues, traumatic events, adoption/ foster care, and other childhood concerns. Works in close partnership with parents, foster parents, schools, and medical providers to maintain a uniform and comprehensive course of treatment. Individual and couple sessions can be arranged as needed. Ages 5 to adult. School-based in Chatham.</p> <p><i>Medicaid, Health Check, and private insurance accepted.</i></p>
<p>Private Practice Heather Brewis-Scheffler Psychologist, PhD, HSP-P 310 West Street Pittsboro, NC 27312 P (919) 794-8856</p>	<p>Child and Adolescent Psychology (Assessment and Therapy) and Assessments for ADHD, Learning Disorders, IQ, and Adaptive Functioning FOR ALL AGES.</p> <p><i>Cash, Check, Health Savings Account, Mastercard, Visa, Medicaid, and private insurance accepted.</i></p>

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