<table>
<thead>
<tr>
<th>Program Type</th>
<th>Descriptions including Dosage and Duration of Services</th>
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| Interpersonal Skill Building     | Services that focus on developing the social skills required for an individual to interact in a positive way with others. The basic skill model begins with an individual’s goals, progresses to how these goals should be translated into appropriate and effective social behaviors, and concludes with the impact of the behavior on the social environment. Typical training techniques are instruction, modeling of behavior, practice and rehearsal, feedback, reinforcement.  
(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly) |
| Temporary Shelter Care           | Provides group home care and shelter (up to 90 days) for juveniles who need to be temporary removed from their homes during a family crisis.                                                                                                                     
(Length of Stay= up to 90 days, Frequency of Contact=NA)                                                                                                                                  |
| Counseling                       | A treatment technique based on one-on-one (individual) or group meetings with a therapist or counselor focusing on individual psychological and/or interpersonal problems. May include cognitive skills/life skills. Category includes family, individual, and group counseling.        
(Length of Stay=Not Specified, Frequency of Contact= no less than every two weeks)                                                                                                          |
| Psychological Assessment         | Includes psychological evaluations to help court counselors and judges recommend the most appropriate consequences and treatment for court involved youth.                                                                                              
(Length of Stay= depends upon time needed to complete the assessment activity, Frequency of Contact=Not Specified)                                                                               |
| Parent/Family Skill Building     | Services that focus on interactional or interpersonal issues faced by a parent(s)/family of a juvenile. This service works to develop parenting skills, communication skills, discipline techniques, and other related skills. May include sessions for parents only and/or sessions for parents and the referred youth.  
(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly) |
| Teen Court                       | Provides a diversion from juvenile court where trained adult and youth volunteers act as officials of the court to hear complaints. These programs make recommendations for appropriate sanctions including but not limited to community service and restitution (if applicable) to be assigned to the youth who have admitted committing minor delinquency and undisciplined complaints.  
(Length of Stay= Not to exceed 120 days, however 60 additional days may be approved to complete sanctions; Frequency of Contact= Not Specified) |
| Restitution/Community Service    | Programs that provide opportunities for offender to be accountable for their actions to the community and/or victim(s) through forms of payments or community service work that earns money to repay the victim(s).                                                
(Court supervision= one year unless otherwise ordered; Frequency of Contact= minimum twice per month and no less than 8 hours per month)                                                       |
| Substance Abuse Treatment        | In/Out-patient therapeutic services provided to juvenile offenders targeting substance abuse issues, including chemical dependency, alcoholism, and habitual or experimental use of other controlled substances. Personnel providing treatment must be licensed or certified to provide these services.  
(Length of Stay= 6 to 9 months; Frequency of Contact= no less than every two weeks)                                                                                                          |