

**FOR IMMEDIATE RELEASE**

April 11, 2016

**Contact** Tracy Burnett, 919-545-8555

**Stay Fit and Join a Chatham County Walking Series**

To help residents stay fit, Chatham County has partnered with the Town of Siler City and the Chatham County Council on Aging to create a walking series around the county. Walkers of all ages are invited. Information on the series is below:

**Eastern Chatham Senior Center**, 365 Highway 87, Pittsboro, Mondays, Wednesdays & Fridays at 9 am (April - October) sponsored by the Chatham County Council on Aging, 919-542-4512, [lindsay.hickling@chathamcoa.org](mailto:lindsay.hickling@chathamcoa.org)

**Western Chatham Senior Center**, 112 Village Lake Road, Siler City, Wednesdays at 8:30 (April-October) sponsored by Chatham County Council on Aging, 919-742-3975, [julie.auler@chathamcoa.org](mailto:julie.auler@chathamcoa.org)

**Northeast District Park**, 5408 Big Woods Road, Chapel Hill, Tuesdays at 9 am & Thursdays at 6 pm (April-October), sponsored by Chatham County Parks and Recreation, [recreation@chathamnc.org](mailto:recreation@chathamnc.org)

**Northwest District Park**, 2413 Woody Store Road, Siler City, Thursdays at 6pm, (April-October), sponsored by Chatham County Parks and Recreation, [recreation@chathamnc.org](mailto:recreation@chathamnc.org)

**Southwest District Park**, 15124 NC Hwy 902, Bear Creek, Wednesdays at 8:30, Tuesdays & Thursdays at 6pm, ( April-October), sponsored by Chatham County Parks and Recreation, [recreation@chathamnc.org](mailto:recreation@chathamnc.org)

**Earnest Ramsey Gym**, 512 E 6th Street, Siler City, Monday thru Friday from 7 am – 9 am, sponsored by Town of Siler City Parks and Recreation, 919-742-2699

**Paul Braxton Gym**, 115 S 3rd Avenue, Siler City, Monday thru Friday from 7 am – 9 am, sponsored by Town of Siler City Parks and Recreation, 919-742-2699