

Community Health Assessment 2014 Chatham County

Executive Summary

Health Priorities

Obesity



- ▶ Encourage healthy lifestyles through changes in the built environment (community design)
- ▶ Promote physical activity
- ▶ Promote healthy eating

Access to Mental Health Services



- ▶ Work collectively to prevent substance abuse
- ▶ Promote mental health treatment services
- ▶ Promote substance abuse treatment and counseling services

Access to Healthcare



- ▶ Promote, provide, and assist in coordination of healthcare services
- ▶ Examine gaps in healthcare services
- ▶ Promote and increase enrollment in the health insurance marketplace

The three health priorities will be the focus of action planning for the next three years. The bullet points are focus areas within each issue.

Who's involved?

The CHA is a collaborative effort between the Chatham County Public Health Department and Chatham Hospital.



The Steering Committee led the CHA process and determined the health priorities.



Chatham residents shared their perspectives through surveys and focus groups.

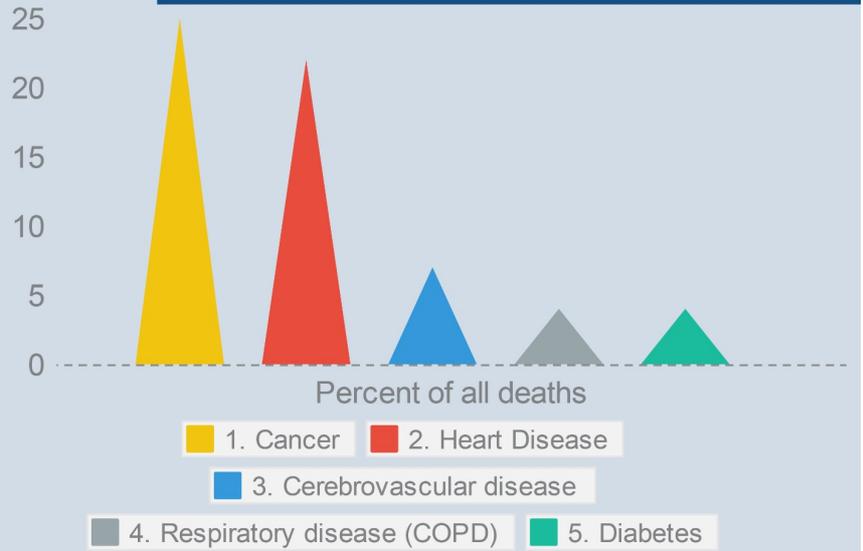
What is the Community Health Assessment?

The Community Health Assessment, or CHA, fosters a better understanding of the health needs of Chatham County residents. This year-long process is used to establish health priorities for the next three years and culminates in an action plan to address these priorities. The CHA helps local agencies and organizations working on health issues to plan and coordinate their efforts, and to ensure that the most pressing health concerns are being addressed. It is also utilized by the Chatham County Public Health Department in its strategic planning process.

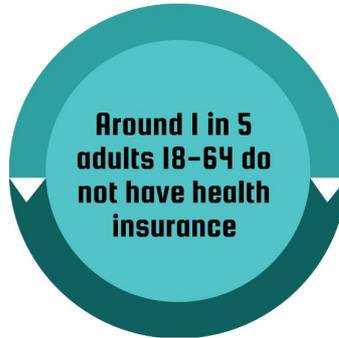
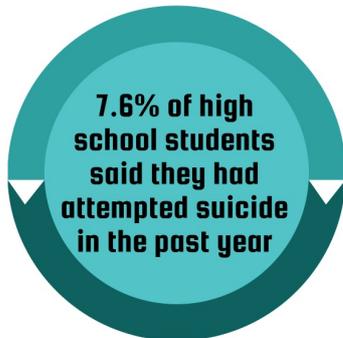
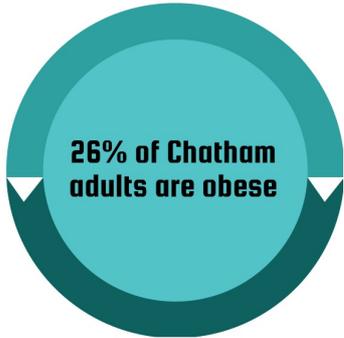
CHA PROCESS

1. Form Steering Committee
2. Hold meetings
3. Conduct survey and focus groups
4. Collect data from local, state, and national sources
5. Compile data and present findings
6. Select health priorities
7. Draft report
8. Share report with Steering Committee, Board of Health, and public
9. Develop Action Plan

Leading Causes of Death, 2009-2013



Key Stats



Economics & Health

Chatham County...

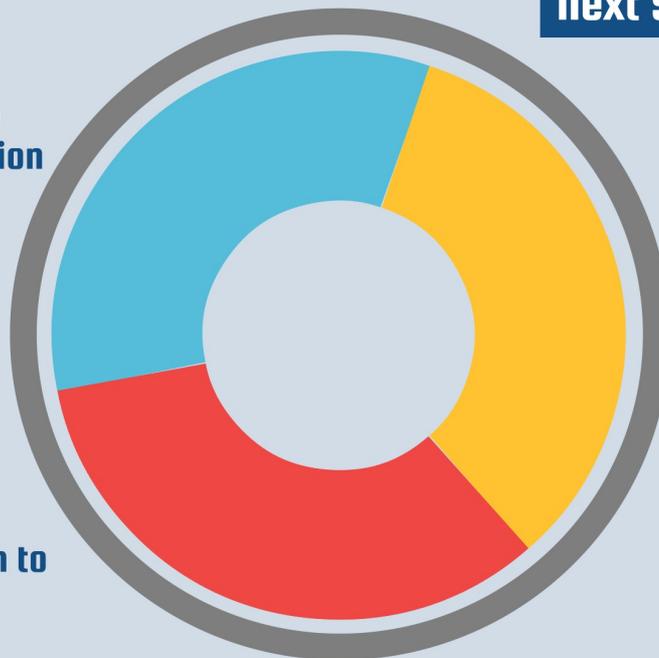
- ★ Lowest unemployment rate (Nov '14)
 - ★ Second longest life expectancy
- ...in the state

STEP 1:

Establish Chatham Health Alliance, the coordinating coalition for health-related efforts in Chatham County

STEP 2:

Develop Action Plan to address health priorities



Next Steps

STEP 3:

Work together to improve the health and well-being of Chatham County residents

For complete report visit:

chathamnc.org/reports

Chatham County Public Health Department
80 East St. | PO Box 130 | Pittsboro, NC 27312 | chathamnc.org/publichealth